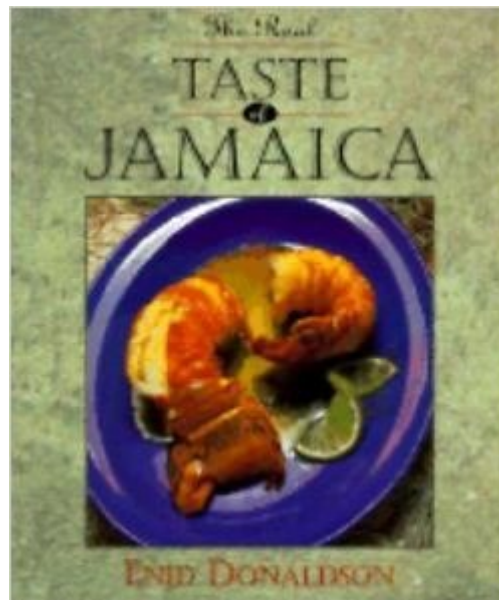


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# The Real Taste Of Jamaica



## Synopsis

The Real Taste of Jamaica takes food lovers into Jamaican homes, kitchens, and restaurants to sample the full range of native cuisine. Enid Donaldson has, for many years, been Jamaica's best known cook through her live television demonstrations and her weekly food column. Color photos.

## Book Information

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Average Customer Review: 4.3 out of 5 stars [See all reviews](#) (62 customer reviews)

Best Sellers Rank: #1,100,355 in Books (See Top 100 in Books) #168 in [Books > Cookbooks, Food & Wine > Regional & International > Caribbean & West Indian](#)

## Customer Reviews

This is the best cookbook for Jamaican cuisine that I've ever seen! The author is a well-known cook in Jamaica; therefore, she's an excellent source of information. The cookbook has many wonderful photos of the finished product (a feature that is not commonly found in cookbooks that are geared towards Jamaican cooking), and the recipes are very easy to follow. I am born of Jamaican parents, and I really wanted to find a good book that could help me cook authentic Jamaican dishes in an authentic way. I've had this book for seven years and I successfully made every dish that I've tried. The book covers all types of food (appetizers, entrees, desserts, drinks), and it has a glossary to help you learn about certain foods that are not commonly found outside of Jamaica. If you are serious about learning how to cook Jamaican food, this is the book to have. If you are unable to get this book in your home country, I would suggest contacting the Jamaica Tourist Board and finding out the names of some bookstores in Kingston, Montego Bay or Ocho Rios. Contact those stores directly. If someone is going over to Jamaica, have them get this book for you (it's a great gift). I just bought a copy for someone while I was in a bookstore Ocho Rios. It was being sold in hardback for \$29.95 (\$60.00 less than what it was being sold for on-line). I highly recommend this book to anyone who wants to make authentic Jamaican food.

I lived in Jamaica for twenty-eight years, never cooked. My mother and sisters always cook, but now I live in the States and crave Jamaican food So I got this book to help me out. It is the best. I use my book at least once per week.

I was born in Jamaica and have not been home for a long time, so I was trying to find a book with everything that my mother used to make, and until now I have been searching endlessly when I found this book it was like a dream come true for me Thanks you Enid.

This was a gift to me from my father. I've had this book for 10 years and just recently started using it. So far i've made the Curry Chicken, Fricasee Chicken, Ackee and Saltfish and Fish. They all turned out REALLY good...and on my first try. I would recommend this book to anyone searching for a 'taste of Jamaica'.

Some people have limited views of what Jamaican cooking is. Some have preconceived notions, based on what their own grandmothers or fathers best liked to cook and eat, about what must or must not be in a Jamaican cookbook. Please set such thinking aside and open this book. It is a pleasure and every single recipe I have tried is spot on and well written. You will cook good food with this. Like a reviewer below, I was disappointed not to see an oxtail recipe, and I would have liked to have seen some Jamaican-Chinese foods, but that is a small issue in that one book cannot touch on every single thing and still be affordable and usable. Every other recipe I was ever familiar with is there and plenty more besides. Donaldson also weaves in a bit of cross-cultural comparison and some history (i.e., some people call them 'johnny cakes' others 'fried dumplings'; or, breadfruit came to Jamaica on Capt. Bligh's ship to feed the slaves, but the slaves initially wouldn't eat it and it was fed to the hogs for a few generations before cooks began to use it) -- all very interesting and none of it detracts from the ease of reading and using the recipes. I introduced this book to my Jamaican born-bred-and-raised mum and aunties, including one award-winning cook, who all loved the book so much and were reminded of recipes they'd not used or food they'd not cooked in decades and all four went out to buy their own copy. Each year one or more of these Jamaican women living abroad think of someone else they want to share this cookbook with, so each Christmas a stack are ordered and wrapped! Buy this. Use this. Love the food.

This is the most comprehensive Jamaican cook book I've ever had the pleasure of using. I was mostly impressed by the author's inclusion of some of the Island's unique recipes which are difficult

if not impossible to find elsewhere. I highly recommend this book to everyone who enjoys caribbean cuisine. My highest praises to the author and thanks for this compliment to my cook book library.

I got the book for a few specific recipes. this edition has oxtails listed in the index, but it is not in the book. Got left out in the updated edition. Get the original edition if you want the oxtail recipe.

Maybe some of us have different editions of this book. I got my book a couple of days ago and today I really started looking at the recipes, I read the comments and I have no oxtail recipe!! The index says oxtail page 49, my book has that page that says for "To Market, To Market". For the commentator that said oxtail recipe on page 82, my book has pages 82 and 83 with pictures of food! I love the book but my goodness, where is this mysteries recipe????!! Everything else is there though.....Ah well!! Not happy:(

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